

**LICO SPOUSE/GUEST PROGRAM 2018 presents:**



**Wednesday, January 24, 2018**

**9:30am-3:30pm**

**Lamplighter Inn, London**

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To celebrate the season and the beginning of a new year, this year's Spouse/Guest program is a **Winter SOULstice**; a full day to relax and re-focus on what matters most to you -at a soul level- while looking ahead to what you want in 2018, and beyond.

You will enjoy innovative activities designed to help you get clear on what you really want in your life, and learn proven techniques for achieving your goals in 2018.

You will be welcomed with a continental breakfast and treated to a mid-day wine tasting and lunch.

At the end of the day, you will have a plan will help you to feel energized, empowered and inspired to live your best life in 2018!

**Winter SOULstice...with Wine** will feature the following special guests:

**Facilitator: Vanessa Slack, Sister Soulace**



Vanessa Slack is gifted in her ability to help others feel more comfortable in their own skin. As the Founder of Sister Soulace, she draws from a number of disciplines to create experiences that integrate the mind, body and spirit. Even when dealing with tough issues like grief and bereavement, Vanessa's wisdom and compassion is delivered with fun and laughter, honouring the ups and downs of "real life."

**Wine Expert: Daniel Lenko, Daniel Lenko Estate Winery**



Daniel Lenko is a 3<sup>rd</sup> generation grape grower who founded the Daniel Lenko Estate Winery in 1999. Using vines planted over 50 years ago by his father, Bill Lenko, Daniel Lenko wines have been recognized as the oldest Chardonnay and Merlot vines in Canada, and have received accolades from Natalie Maclean, Canada's Most Quoted Wine Writer. Daniel Lenko wines also have a charitable history of donating a portion of sales to AIDS research.

**Register TODAY!**

Please include your email address to receive additional information prior to the event.